



CAPITOL CITY SPEAKERS BUREAU

We help you thrill your audience!



Connie Merritt, RN, BSN, PHN

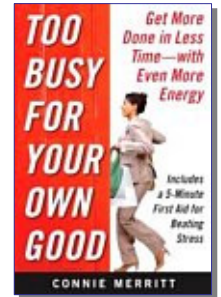
Travels from: California

Fee Range: \$5,001 - \$7,500

With timely and relevant programs, Connie Merritt, RN, PHN, is a compelling storyteller and award-winning author, delivering critical content that is so important-especially during these tough times.

In her new book recently released from McGraw-Hill, *Too Busy for Your Own Good*, Connie helps people and organizations make vital adjustments in their personal lives and careers to manage the multiple decisions and

requests being placed in all areas of life - especially during these "do more with less" times. Busyness - when unmanaged - can destroy our balance in life...our health, relationships, finances, and career. It scrambles our priorities and all too often in the wrong order, leading us into stress and a cluttering of our lives.



Connie has a reputation for delivering breakthrough information for tough times to get that spark for life - including timely research gathered from top leaders in medicine, business and brain-response studies. Her programs draw upon her vast experiences as a registered nurse, researcher and business professional.

With Connie's step-by-step tactical teachings, that are well-seasoned with energy and humor, she has a gift providing critical content and connecting with her audiences by spinning unforgettable tales, being relevant and compelling - moving audiences to take action which reap benefits now and into the future.

Most Requested Programs...

- Quitting Is Not An Option : "Pressing Forward & Bouncing Back in Tough Times"
- Get That Spark Back for Life : "Too Busy For Your Own Good"
- Dealing with Complainers, Bullies, Grumps & Curmudgeons : "Tame the Lions in Your Life"
- The Future of Healthcare & What to Expect This Decade : "The Healthcare Rx for Tweets, Googlers and Geezers"
- Effective Stress Relief : "Stress Breakthroughs in a 24/7 World"